

Sports

Word Forms:

- sport (n) "What's your favorite sport?"

Related Words:

- recreation (n)	Sports are one form of recreation.
- exercise (v, also n)	It's important to exercise in order to stay healthy.
- game (n)	Some games are sports and some sports are games.
- athlete (n)	An athlete is a person who is good at sports.
- compete (v)	Many athletes compete in the Olympic Games.
- participate (v)	"In what kinds of sports do you like to participate?"
- play (v)	"What kinds of games do you like to play?"
- player (n)	Mark is a good soccer player.
- team (n)	"How many players are on your soccer team?"
- coach (n)	A coach tells his players how to play the game.
- opponent (n)	The person or team that you're competing against is your opponent.
- soccer (n)	Soccer is probably the most popular sport in the world.
- football (n)	What North Americans call soccer, the rest of the world calls football.
- ping pong (n)	Another name for ping pong is table tennis.
- badminton (n)	Badminton can be played either outdoors or indoors.
- swimming (n)	"Do you like to go swimming in the summer?"
- volleyball (n)	Some people like to play volleyball at the beach.

Exercises:

1. Every volleyball _____ has at least six _____ and one _____.
2. Lucy _____ every morning.
3. Who is your _____ in tomorrow's _____?

Questions:

1. Do you like to participate in sports? If so, what is your favorite sport? Why?
2. Besides exercising, what else is important to do to stay healthy?
3. What kind of "exercise" do you think people can do to be spiritually healthy?

Bible Readings:

1. "Physical exercise has some value, but spiritual exercise is valuable in every way, because it promises life both for the present and for the future." (1 Timothy 4:8, TEV)
2. "You know that in a race all the runners run. But only one runner gets the prize. So run like that. Run to win! All people that compete in the games use strict training. They do this so that they can win a crown. That crown is an earthly thing that lasts only a short time. But our crown will continue forever." (1 Corinthians 9:24-25, EZ to Read Version)
3. "God loved the world this way: He gave his only Son so that everyone who believes in him will not die but will have eternal life." (John 3:16, God's Word)

Questions:

1. Does the Bible say that physical exercise and sports are good? What is even better? Why? (reading 1)
2. How does the Bible say that we should "run"? What kind of crown is the best one to win? (reading 2)

3. What did God do so that we could receive an eternal crown? What do people do to receive it? (reading 3)