

Habits

Word Forms:

- habit (n) Our family has a habit of going to the park every Saturday afternoon.
- habitual (adj) "Today's Saturday. It's time for our habitual trip to the park," said Dad.
- habitually (adv) Our family habitually goes to the park on Saturday afternoon.
- bad habit (n) Ann has a bad habit of biting her fingernails.
- in the habit of Joe is in the habit of taking a shower every morning after he wakes up.
- break a habit (v) I need to break my habit of interrupting other people when they're speaking.

Related Words:

- routine (n) Lisa's bedtime routine is to brush her teeth, read her Bible, and then go to bed..
- custom (n) Many oriental customs are different than western ones.
- hobby (n) One of Linda's hobbies is collecting stamps.
- common (adj) It's common for western people to shake hands when they meet each other.
- usually (adv) Our family usually goes to the park on Saturday afternoon.
- generally (adv) Our family generally goes to the park on Saturday afternoon.
- normally (adv) What do you normally do on your weekends?
- regularly (adv) What do you regularly do on your weekends?

Exercises:

1. Mark _____ eats supper at about 6:00.
2. Billy has a _____ of sitting too close to the TV.
3. Beth really enjoys taking pictures. It's her favorite _____.

Questions:

1. What are some habits that you have?
2. Do you have any bad habits that you'd like to break? What do you think is the best way to break a habit?
3. Do you think God has any habits? If so, what do you think some of his habits are?

Bible Readings:

1. "Get rid of your anger, hot tempers, hatred, cursing, obscene language, and all similar sins. Don't lie to each other." (Colossians 3:8-9, God's Word)
2. "God's compassion [to us] is never limited. It is new every morning. His faithfulness is great." (Lamentations 3:22-23, God's Word)
3. "We love because God loved us first." (1 John 4:19, God's Word)
4. Let us not give up the habit of meeting together, as some are doing. Instead, let us encourage one another." (Hebrews 10:25, TEV)

Questions:

1. What are some of the "bad habits" the Bible tells us we should break? (reading 1)
2. Even though we have sinful habits, what "habit" does God have concerning us? (reading 2) What is the clearest way that God showed us that he loves us?
3. Because God has loved us, what "habit" can we now have? (reading 3)

4. What is another good habit the Bible talks about? (reading 4) Why do you think that habit is important?