

# Food

## Word Forms:

- food (n)                      What kind of food do you like to eat?
- feed (v)                      Every day John needs to feed his dog.

## Related Words:

- dish (n)                      How many dishes of food should we order?
- meal (n)                      Many people eat three meals a day.
- diet (n)                      Many women don't get enough calcium in their diet.  
People who are overweight sometimes go on a diet.
- eat (v)                      What time do you usually eat lunch?
- bite (v)                      We use our front teeth to bite food.
- bite (n)                      "You must eat three bites of vegetables before you can eat ice cream," said Mother.
- chew (v)                      We use our back teeth to chew food.
- edible (adj)                      The word we use to describe things that are edible is food.

## Exercises:

1. You should \_\_\_\_\_ your food well before you swallow it.
2. Not all berries are \_\_\_\_\_.
3. The wedding guests were \_\_\_\_\_ a nice \_\_\_\_\_ after the wedding.

## Questions:

1. What is your favorite food?
2. How many meals a day do you eat?
3. We feed our physical bodies food like bread to eat. Do you think our spirit, or soul, also needs food? If so, what kind of food do you think is good for peoples' spirits?

## Bible Readings:

1. "God gives food to every creature. His love endures forever." (Psalm 136:25, NIV)
2. "Man does not live on bread alone, but on every word that comes from the mouth of the Lord." (Deuteronomy 8:3, NIV)
3. Jesus said, "I am the bread of life. He who comes to me will never be hungry." (John 6:35, NIV)
4. Jesus said, "Don't worry about what you will eat or drink or what you will wear...Seek first God's kingdom and his righteousness, and all these things will be given to you as well." (Matthew 6:25, 33, NIV)

## Questions:

1. Who gives us our food? (reading 1)
2. Can people live on physical food alone? What else do we need? (reading 2)
3. What do you think Jesus meant in reading 3?
4. What does the Bible say is most important in life? (readings 2,3,4) Why do you think so?