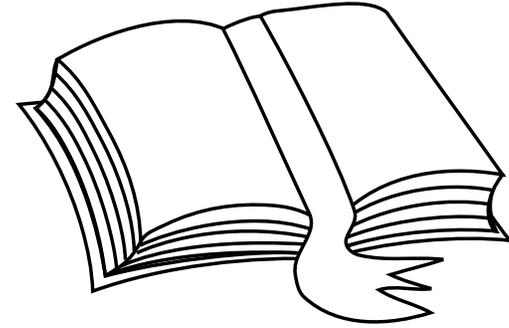


2. Describe how your life will look when you are a *new creation*.

NOTES



FREE AT LAST

SECTION I. Introduction

- A. When you were a child, did you ever do something that you knew was very wrong? What was it?
- B. How did you feel after you did it? What was the result of what you did?
- C. What made you feel better?

SECTION II. There are many places in the Bible that talk about doing wrong (sinning) and feeling guilt for that sin. Read Psalm 32:1-5.

- A. How did David, the writer, feel when he kept silent about the wrong he did?
- B. What do you think it means when he says, “Your hand lay heavily on me?”
- C. What did David do to solve his problem about how he felt?

- D. What was God's reaction?
- E. Who does David say is blessed (God's kindness)?
- F. How have you struggled with the results of doing wrong (sinning) in your life? What solutions have you tried?
- G. Do you agree with David about how to find peace and happiness after you have done wrong? Why or why not?

SECTION III. In John 3:16-17 we read: "God loved the world in this way: He gave His only Son so that everyone who believes in Him will not die but will have eternal life. God sent His Son into the world, not to condemn the world, but to save the world." Jesus came to forgive and to set us free from guilt, not to condemn us.

- A. Read 1 Peter 2:24.
 - 1. What three things does this verse say happened when Christ carried our sins in His body and died on the cross for us?
 - 2. If we believe that Jesus' action did these things for us, how will this change our relationship with God and our attitude towards God?
- B. Read Romans 8:1-4.
 - 1. Why are we unable to keep God's Law?

- 2. Because we are not able to keep the Law, what did God do?
- 3. Since we are freed from the standards of sin (the Law) through faith, can the Law condemn us?
- 4. How do you feel when you know that God forgives you for the wrong things that you do?

SECTION IV. The Bible says that Jesus died so that when we believe in Him we are free from the Law of sin and death and we will live forever. The changes in our lives begin right now, in this life!

- A. Read 2 Corinthians 5:14-15.
 - 1. When we receive God's forgiveness, what guides us in our lives?
 - 2. Who do we live for?
 - 3. How will our lives change if we begin to live for God and not for ourselves?
- B. Read 2 Corinthians 5:16-17. (optional section)
 - 1. According to these verses, what do we become when we believe in Jesus?